

COVID-19 Symptoms/Guidelines for Students

- All students **MUST** provide their **own thermometer** (or temperature-taking device) for a daily self-assessment of COVID-19 symptoms.
 - It is also encouraged that all residential students provide their own hand sanitizer and disinfectant wipes and/or spray for their dorm room.
- All students **MUST** do a **self-assessment of symptoms every day** before leaving their dorm room or arriving on campus.
- COVID-19 Symptoms:



CONGESTION
OR RUNNY NOSE



FEVER 100.4*
*or school board policy
if threshold is lower



COUGH



SHORTNESS OF BREATH OR
DIFFICULTY BREATHING



DIARRHEA



HEADACHE



NAUSEA
OR VOMITING



SORE THROAT



MUSCLE PAIN
AND FATIGUE



CHILLS



NEW LOSS OF TASTE
OR SMELL

- Students should remain in their dorm room or at home if they are not feeling well or have any of the above symptoms.
 - Non-Residential parents/guardians should call the Attendance Secretary (765-285-8110) or nurse's office (765-285-7360) if they are keeping their child home due to illness.
 - Residential students should call the nurse's office to report any illness/symptoms
 - **Do NOT show up without an appointment** **Do NOT email nursing staff with illness/symptoms**
 - **PLEASE CALL to schedule appointment:** (765) 285-7360
 - **Appointment Location:** Wagoner Hall room 157
- **After a staff assessment, THE PARENT/GUARDIAN MAY BE ASKED TO TAKE THEIR CHILD HOME.**

COVID-19: When a student, faculty or staff member can return to school



Individual	Symptomatic	No Symptoms
Not Tested with Alternate Explanation (strep, influenza, etc. as determined by a provider)	May return to school after 24 hours resolution of fever AND note (including email and fax) from provider stating the individual has an alternate diagnosis and the provider believes it's appropriate for the patient to return to school.	N/A
Not Tested Without Alternate Explanation	Must remain home for at least 10 days from the first day symptoms appeared AND 24 hours fever-free without fever-reducing medicine and with improvement of symptoms.	N/A
Tested and Negative	<p>1) If no alternative explanation, <i>isolate</i> for at least 10 days from the first day symptoms appeared AND 24 hours fever-free without fever-reducing medications and with improvement of symptoms.</p> <p>OR</p> <p>2) The individual can return to school if tested negative AND with a note from the provider stating they believe the patient to have an alternate diagnosis and it's appropriate for the patient to return to school.</p>	<p>1) May proceed with attending school as long as individual has no exposure to a positive case.</p> <p>OR</p> <p>2) A known close contact (within 6 feet of a confirmed case for more than 15 minutes) must complete a 14-day quarantine, even if test results are negative for COVID-19.</p>
Tested and Positive	<p>Must remain home in <i>isolation</i> for at least 10 days from the date symptoms began AND individual is 24-hours fever free, symptoms have improved.</p> <p>(CDC does not recommend test-based strategy except in certain circumstances, including provider's advice and test availability.)</p>	<p><i>isolate</i> at home for 10 days from the day the test was taken.</p> <p>(CDC does not recommend test-based strategy except in certain circumstances, including provider's advice and test availability.)</p> <p><i>*If the individual develops symptoms, then isolation time starts on day 1 of symptoms (see symptomatic tests positive.)</i></p>
Close Contact (within 6 feet for more than 15 minutes of someone with confirmed COVID-19)	<p>N/A</p> <p>If an individual becomes symptomatic, refer to the symptomatic scenarios. The individual must <i>quarantine</i> for 14 days after contact with the COVID-19 Positive person even if the student has an alternate diagnosis for symptoms.</p>	<p>Quarantine for 14 days before returning to school. Must remain symptom-free. If individual develops symptoms, then refer to the symptomatic scenarios.</p>

Note: QUARANTINE keeps someone who was in close contact with someone who has COVID-19 away from others.
ISOLATION keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.

Updated: 7/29/20